

WORKING WITH DISSOCIATION

A 2 Day Practical Clinical Workshop

A CBT model

Dr Kennedy will present a CBT model of dissociation as well as other recent formulations.

Different presentations

The role of dissociation in various presentations will be discussed, including PTSD, somatic disorders, depersonalisation, borderline personality disorder, eating disorders and dissociative identity disorder.

Practical Application

The days will focus on the practical application of cognitive-behavioural formulations of dissociation.

There will be case studies and participants will be invited to bring and work with their own material.

The days will be very participative and fun.



The Trainer

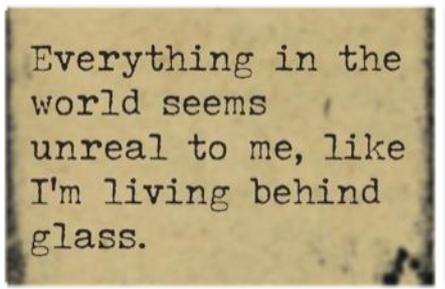
Dr. Fiona Kennedy is a Consultant Clinical Psychologist whose interest in dissociation stemmed from working with unusual, difficult to treat clinical problems. She developed a new CBT model of dissociation along with the WDS measurement scale. She has recently co-edited a book on CBT approaches to dissociation.

The relevance of dissociation

Dissociation can be understood as psychological processes which result in the inhibition of normal associations. Disturbances of perception, experience and identity can be formulated as involving these processes.



Addressing dissociation is critical for therapeutic success.



normal associative processes at three stages of information processing.

1. Perceptual (automatic processing)

at this level, symptoms include hallucinations and intrusive imagery, as well as detachment

2. Experience (more conscious processing)

absence of thoughts, feelings, behaviours and body sensations as well as

intrusive thoughts, feelings, behaviours and body sensations

3. Self/Identity (constructed self)

dissociated self states and dislocated autobiographical memories can produce identity disturbance from BPD to DID

Space here for workshop venue and other information

